



fondation en cœur

Eric's Story

“Even before I was born, it was known that I was going to be born with congenital heart disease. Specifically, I have aortic stenosis. My surgery to replace my aortic valve with a mechanical valve took place in 2008 when I was 12 years old. Everything went well. During my mandatory stay in the hospital after my surgery, I benefited from several services provided by the Foundation: video games, teddy bears, Christmas party and much more!

An experience like open heart surgery leaves physical and mental scars. I realized very early in life that I had to take full advantage of it. I have included sports like running and indoor training in my routine for many years. A few volleyball, handball and ball hockey competitions are also part of my “sports journey”. It’s only natural for me to want to give back to the Foundation. I received help when I needed it, and I would like other children and families to benefit from it as well.

In addition, the fact that the Foundation holds events where physical health is put forward particularly speaks to me. I wish to promote the Foundation, its cause and projects to those around me.”

