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Photo credit: Mont Sutton

Wednesday January 29th 2025

## Sutton En Cœur : Back on February 15th for a day of solidarity on the slopes!



Photo credit: Adam Rainsford

**Montreal** - The En Coeur Foundation is proud to announce the 3rd edition of the Sutton En Coeur, a sports and solidarity event aimed at supporting children with heart disease and their families. Once again this year, the community is invited to come together for 6 hours in the heart of Mont Sutton's magnificent scenery to take on a challenge worthy of this essential cause.

The event, presented by **Sun Life** and **Morency, Société d'avocats**, is under the honorary presidency of **Louis Lachapelle**, President of A+ | Conception | Construction, and **Caroline Jodoin**, Partner at Norton Rose Fulbright. For this 3rd edition, a corporate section is available for companies wishing to take up the challenge with colleagues. What's more, snowshoe enthusiasts will be happy to know that they can also participate this year, thanks to the collaboration of **Plein air Sutton**. Visit our website for details and to register.

### Spokesperson for the 2025 edition

Comedian and author Ingrid Falaise is honored to be the event's spokesperson. She will be present on February 15th to ski with her family and chat with participants. The En Coeur Foundation warmly thanks her for her involvement.

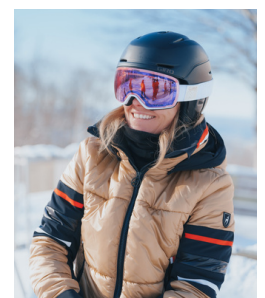


Photo credit:  
Ingrid Falaise (Spokesperson)

We would like to thank our valued partners for their involvement: Sun Life, Morency Société d'avocats, A+, Norton Rose Fullbright, ATTITUDE, Bell, Mélanie Boutiques, Sport Dinaco, Black Diamond and our many service partners!

Follow us on social media @FondationEnCoeur



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To register, please visit: <https://www.jedonneenligne.org/encoeur/campagne/suttonencoeur>



Photo credit: Adam Rainsford

### An ambitious goal

For 2025, the goal is to raise \$200,000 for sick children and their families. To help reach this goal, you can participate in or donate to the event.

In 2024, over 350 people took part in the event, raising \$172,000.

### A festive event for the whole family

The event always ends with a festive après-ski to thank the many participants. This year, the event will be even more memorable with the presence of the group One Love and a DJ.


### February: Heart Month


This day is an integral part of Heart Month, congenital heart disease awareness month. Visit our website to find out about other initiatives.

### About the En Cœur Foundation

In Quebec, 1 child in 100 is born with a heart disease or malformation that will require medical follow-up. That's 900 new families facing this diagnosis every year. The En Cœur Foundation's mission is to help congenital heart children and their families by providing information and support services. En Cœur also aims to raise public awareness of the importance of supporting children with heart disease and their parents.

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